
Rina Trepanier
Sales Representetive
Experience Counts!

25 Years... AWARD WINNING REAL ESTATE SALES
Diamond Award
Award of Excellence
Platinum & Gold Awards

905-734-4545 • 905-892-0222
Direct 905-980-1199
E-mail: rinat@royallepage.ca

ROYAL LEPAGE
NIAGARA REAL ESTATE CENTRE, BROKERAGE
Independently owned and operated

#1 Top Producer - Fonthill Office Royal Lepage - 2011 • Visit Rina On The Web At www.rinat.ca

Thinking of Buying?
Thinking of Selling?
Call Me Today!

Penny Lane
SALES REPRESENTATIVE



RAISING THE ROOF ON SERVICE
ROYAL LEPAGE
NIAGARA REAL ESTATE CENTRE INC. BROKERAGE

Call Me Today! 905-733-8996
www.pennylanesold.com
Office: 905-892-0222

Pelham NEWS

Published by Sun Media Publishing Inc. • Issue No. 20 Volume 16

ROYAL LEPAGE
Niagara Real Estate Centre Inc., Brokerage
INDEPENDENTLY OWNED & OPERATED

what's my House WORTH?
GO TO:
www.calljanet.ca
CALL 905-892-0222



JANET Nieuwesteeg
SALES REPRESENTATIVE

1815 Merrittville Hwy. • Fonthill

ART: Pelham showcase catches attention of art enthusiasts

'There's such a talent here'

MARYANNE FIRTH
Tribune Staff

PELHAM — It was an art enthusiast's idea of heaven.

Glass, acrylic, watercolour, oil, carvings, pottery and jewelry — there was no shortage of beautiful sights to take in at the 26th annual Pelham Art Festival this weekend.

"I haven't got another inch left on my wall," quipped St. Catharines resident June Gibbs, who visited the show on Sunday with husband Doug.

The pair visit the Pelham showcase annually and "occasionally buy things," Doug said with a laugh as his wife eyed another eye-catching piece.

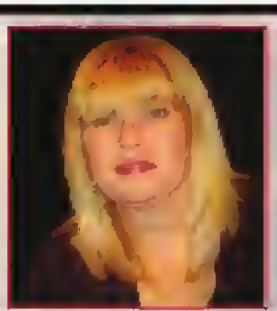
"It's too good to miss," she chimed in about the show. "There's such talent here. You'd think you'd need to go to a big city to see fine art like this."



MARYANNE FIRTH Staff Photo

Artist Jennette Conners shows passersby just what it is she does during the 26th annual Pelham Art Festival held at Pelham Arena throughout the weekend.

ROOFING
Residential & Commercial
PERSONAL TOUCH
Home Improvements
Professional Work with a Personal Touch
2601 Hwy #20 EAST • FONTHILL 905-892-6177



DEBBIE PINE
Sales Representative
www.pinesold.com

ROYAL LEPAGE
Niagara Real Estate Centre, Brokerage
Independently Owned & Operated

#1 Producer for Royal LePage Fonthill, 2010 • Diamond Award Winner 2010
• Award of Excellence 2010 • #5 Individual Producer for Royal LePage Niagara, 2010

Office: 905-892-0222 • Sell: 905-321-2261 • debbiepine@royallepage.ca

upfront

"Forget the Spring Cleaning, Let's Just Move You!"
Christine Gazzola
Sales Representative
905-323-7056
christinegazzola.com
RE/MAX
Garden City Realty Inc., Brokerage

■ **COMMUNITY:** Fourth annual affair

Mayor's gala lands sponsor

WAYNE CAMPBELL
Tribune Staff

PELHAM — The Pelham Mayor's Gala which this year will assist budding artists and aid missing persons searches has its first ever title sponsor.

Deborah-Marie Forrester of Darla-Prana Healing & Wellness Centre presented Mayor Dave Augustyn with a $5,000 cheque on Thursday to become platinum sponsor.

Darla-Prana is a new business opening June 9 at 1462 Pelham St. in Fonthill.

Forrester, its managing director who lives in Fenwick, said the sponsorship is a chance to help build the community as well as market her new spiritual and fitness studio.

"Thanks to the generous support of local businesses, donors, participants and volunteers, the annual Pelham Mayor's Gala has raised more than $75,000 since it began in 2009," Mayor Dave Augustyn said.

The Saturday, May 26, gala at Lookout Point Country Club will assist five groups:

- In The Orchard, to provide one week of art camp for 15 youths;
- 1st North Pelham sparks, brownies and guides to purchase camping equipment;
- Horse Alternative Therapeutic Services (HATS) to continue equine experiences and therapy to Pelham residents;
- Project Lifesaver Niagara to purchase equipment to begin operations this year to search for lost people with Alzheimer's disease, autism or any other special needs requirements;
- Pelham Community Foundation, for a kickoff fund.

Tickets are $125 each and can be purchased through Martha Toscher at 905-892-2607 ext. 337 or by e-mailing mtoscher@pelham.ca.

wayne.campbell@sunmedia.ca



WAYNE CAMPBELL Staff Photo
Deborah-Marie Forrester of Darla-Prana Healing & Wellness Centre presents Pelham Mayor Dave Augustyn with a $5,000 cheque for the business to become title sponsor for the fourth annual Mayor's Gala on May 26 at Lookout Point County Club.

■ **HEALTH:** Augustyn says Niagara south mayors meeting regarding new hospital site 'positive'

'Everyone is taking this job seriously', mayor says

ANGUS SCOTT
Tribune Staff

PELHAM — An initial meeting between south Niagara's mayors to discuss where a new hospital should go resulted in "positive steps forward," says Pelham Mayor Dave Augustyn.

On Friday, the mayors of Welland, Niagara Falls, Port Colborne, Fort Erie and Pelham met with Regional Chair Gary Burroughs to discuss the potentially contentious issue of where a new, state-of-the-art hospital for south Niagara should be built.

In his interim report on restructuring of Niagara Health System, provincially appointed supervisor Kevin Smith called for closure of existing hospitals in south Niagara and construction of a new site. He also recommended the mayors of the affected communities determine the location of the new hospital and a stand-alone urgent care centre.

Community leaders are expected to provide their feedback to Smith by June 15 so he can deliver a final report to the province by the end of June.

"This is a very tight timeline," said Augustyn after the hour-long meeting at regional headquarters.

"We are going to try and meet that deadline, we'll do our best. Everyone around the table was interested in trying to assist, to get this done. It was a good meeting, we work together very well."

Augustyn said nobody at the meeting appeared to be trying to put one municipality over another.

"There was nobody banging a shoe on the table, saying it had to go here," he said. "Everyone is taking this job seriously. Each of us is looking for what's best for the community as a whole, what's good for the south."

The Friday meeting was an initial one, said Augustyn. The mayors have asked the chair and regional staff for information, such as population densities of various areas, available infrastructure and emergency medical service response time.

"We are going to have to look at those types of things to come to a decision," said Augustyn.

The mayors will be meeting with Burroughs again next week, he said, probably "same time, same place."

angus.scott@sunmedia.ca
Twitter: @AScottTribune

Lampman Funeral Home
724 CANBORO ROAD
FENWICK (905) 892-4701
Our Family Serving Your Family For Over 100 Years
since 1911
Irvine Muir
Terry Mikolasek
Wheelchair Accessible

Queensbury Securities Inc.

Gallant Financial Services
"Superior Service and Advice You Can Trust"
Stocks • Bonds • Mutual Funds • Insurance
Larry J. Gallant, Financial Advisor
1450 Pelham St. Unit 4
Fonthill, ON L0S 1E0
Office: 905-892-2100 Cell: 905-650-4617
larry.gallant@queensbury.com

tempo

■ ART

Festival offers quality, variety

FROM PAGE A1

It's the quality of the art as well as the variety that festival president Heidi TeBrake believes keeps people coming back.

Though she was unsure how many people had passed through the doors through the three-day event, TeBrake said there was a successful turnout and sales were up compared to years past.

Many people include the show in their Mother's Day plans, she said, as they enjoy the ambiance created by the combination of soft lighting, soulful music and all the art an enthusiast can handle.

This year's show featured 69 new and returning artists.

"This is a nice setup, both for the artists and for the people visiting," said Beverly Sneath, who has been exhibiting at the show since its inception.

The show is particularly special for the Pelham artist as it annually falls on or very close to her wedding anniversary with husband Jim. The pair celebrate their milestone, this year marking 39 years, together at the show each May as Sneath showcases her paintings and sculptures.

While Sneath has been making her mark at the show for more than 25 years, young artist Josh Tiessen is new to the Pelham art scene. The 16-year-old Stoney Creek resident nabbed a last-minute spot at the show, filling in for an exhibitor unable to attend.

Tiessen has been exhibiting his work — consisting mainly of acrylic paintings focusing on nature, wildlife and architecture — since he was 11, but he is always looking for new outlets to share his talent.

"This festival is great for exposure," he said as visitors eagerly made their way through his booth to view his work.

Over its 26 years, the festival has raised $345,000 for the Pelham Public Library, set up an arts scholarship at E.L. Crossley Secondary School, assisted the Pelham Art Festival juried show and this year, will help to sponsor the Summerfest outdoor art show in July at Pelham Peace Park.

maryanne.firth@sunmedia.ca

Twitter: @mfirthTribune



MARYANNE FIRTH Staff Photo

Fernan Enriquez entertains the crowd with his pan flute at the 26th annual Pelham Art Festival held this weekend at Pelham Arena.



WAYNE CAMPBELL Staff Photo

Michael McMahon, with his watercolour painting Rockport Maine, is one of two artists who donated pieces for a Pelham Art Festival raffle. The draw was held during the festival at the Pelham Arena on Mother's Day Weekend. McMahon, who's from Lockport, N.Y., has shown at the festival since 1993.

Pelham NEWS

Published by PelhamNEWS
Sun Media Corp.
228 East Main St., Welland, ON L0S 1E0
Tel: 905-732-2414 ext.246 Fax: 905-732-3660
e-mail: pelham.news@sunmedia.ca
wayne.campbell@sunmedia.ca
Ken Koyama
PUBLISHER, GENERAL MANAGER
Wayne Campbell, EDITOR

SUN MEDIA
A Quebecor Media Company

comment

perspective



Wayne Campbell
EDITOR

Walk through Lathrop trails

If you're unfamiliar with the Lathrop Nature Preserve trails or just want to enjoy an unusual walk in downtown Fonthill join the 8th annual Mayor's Walk on Thursday.

It will repeat last year's stroll through the trails that branch off those in Marlene Stewart Streit Park.

Although the property is surrounded by housing, its trees, meadows and gullies give you the feeling of strolling through an isolated forest.

The Lathrop Nature Preserve was donated to Nature Conservancy of Canada by Whiting and Margaret Lathrop in 1998.

The forest cover protects the headwaters of Twelve Mile Creek, which supports the last remaining brook trout population in the Niagara Region.

The property has several plant species considered rare in Ontario, including butternut and American chestnut.

The private non-profit agency tries to protect it and restore it with native plants.

Nature Conservancy staff will guide Mayor Dave Augustyn and his group through the area and explain its significance.

The preserve, while a wonderful spot to walk, is under pressure from other users.

Cyclists and ATV drivers have torn up delicate pathways.

Illegal nighttime partiers with bonfires run the risk of starting a major fire in the protected area. Nature Conservancy is looking for volunteers to backup its efforts.

The mayor's walk, which began with Mayor Ron Leavens, promotes walking and use of trails in Pelham.

The best known, of course, are the Steve Bauer Trails, but there are others such as the Lathrop trails.

The Mayor's Walk begins at 6 p.m. today from the Pelham Farmers Market in the municipal building parking lot in Fonthill.

The Pelham Active Transportation Committee will have a booth at the market to talk about walking and cycling as well as collecting ideas for residents on how to make it easier in the town.

Support now, support forever



Dave Augustyn
MAYORAL VIEW

It's gratifying when people not only get dressed up to have a great time but when they also support local charities now and in perpetuity.

On Saturday, May 26, community volunteers will bost the Fourth Annual Pelham Mayor's Gala. The "Old Hollywood Glamour" Themed gala will occur at Lookout Point Golf & Country Club. We will have the red carpet, a walk of stars (the generous sponsors), great music, exquisite food, an amazing silent auction, and it will be a time to remember.

But the fun and festivities will have a purpose. Half of the proceeds will be awarded to community groups – charities, service clubs, or non-profits organizations – following an application process.

The Gala will support four local groups:

- In The Orchard: to provide one week of art camp for 15 Pelham youths – aged 12 to 18. Their art will be displayed throughout the town and participants will be expected to offer a free art's workshop at an upcoming community event.
- Project Lifesaver Niagara: to purchase equipment and work together with the Niagara Regional Police to aid in the search for lost / wondering people with Alzheimer's disease, autism or any other special needs requirements;
- First North Pelham Sparks, Brownies & Guides: to provide camping equipment to a unit that continues to grow in members;
- Horse Alternative Therapeutic Services (HATS): to continue equine experiences and therapy to Pelham residents with special needs – both physical and emotional;

Tbe other half of the gala proceeds will support the establishment of a "Pelham Community Fund" with the Niagara Community Foundation; this fund will make funding for local charities available in perpetuity.

How will that work, you ask? The Niagara Community Foundation provides a structure to establish the fund, where professional money managers invest the principal, and where the interest will be available in perpetuity to support local / Pelham charities. Donations toward the fund's principle can be given from not only the Mayor's Gala, but also from anyone in the community. As you update your estate plan, for instance, you may want to donate to the Pelham fund – and your gift will assist the community for years and years to come.

The community continues to generously support the Mayor's Gala. Both Darla-Prana Healing & Wellness Centre – a new business in Fonthill – and Enbridge Gas Distribution offered to be Platinum / Title sponsors for this year's gala! Thank you for your significant generosity! Similarly, Dr. Peter Fritz, Accipiter Radar Technologies, E.S. Fox Ltd. and LaFarge Canada are Gold Sponsors. Silver Sponsors include Emterra Environmental, Walker Industries Holdings Limited, Niagara College, and CIBC. Many thanks to all!

For more information about the Mayor's Gala, please see www.facebook.com/PelhamMayorsGala or www.pelham.ca.

You may contact Mayor Dave at mayordave@pelham.ca or read past columns at www.pelhammayordave.blogspot.com.

Letters to the Editor

Ditch unsightly

There is a ditch that runs along Clare Ave. from Woodlawn to Quaker Rds. I believe is supposed to be maintained by the Town of Pelham and the City of Welland. Its present appearance leaves much to be desired. It appears there is no proper fall as the water just lies there, becomes stagnant, and no doubt a welcome mat to mosquitoes.

The ditch is full of garbage, noxious weeds, algae and moss. Recently vandals threw open bundles of weekly store specials not only in the ditch but also on the road shoulders that have in some cases blown on to adjacent residential property. Surely in the interest of appearance this mess could be cleaned up?

D.G. Smith
Fonthill

Reconsider transfer plans

Woodlands of Sunset, better known as Sunset Haven of old, is a very nice building on South Pelham Rd., home for many senior citizens.

It is clean, the staff are doing a good job and the food is better than provided at other such homes.

However, I am in disagreement with management once again.

I disagreed with management on the installation of carpet when the building was under construction.

I based my objection after visiting seniors homes in the Niagara area and finding carpet soiled beyond cleaning.

Carpeting is unsanitary.

Carpeting can make mobility for wheelchair-bound seniors difficult.

Carpeting causes hardship for volunteers, who are mostly seniors, who push residents in their wheelchairs.

Now after a few years, carpeting is being replaced when money becomes available. Some carpeting had already been replaced.

Now I am in disagreement again with management on the transfer of staff regardless of the excellence in performance. Senior care is difficult because age changes personalities and staff get to know, through time, how to handle the situations.

The bond between staff and seniors is built over time and is very important to gaining trust.

So why transfer staff who do a good job and are happy? Transfers make staff unhappy and residents unhappy because they have to get used to new staff.

What is the motive of management for their unecessary action?

If a staff member is unsuitable or incompetent they should be retrained or transferred. That is understandable but to transfer without sound reason lacks credibility and will harm the wellbeing of the residents and their families.

I am asking management to reconsider and rescind this plan.

Tom Carter
Fonthill

Concern over welfare council cuts

I am writing to express my deep concern and disappointment regarding the impending cut to the budget of the National Council of Welfare (NCW). since 1969, the National Council of Welfare has been the only agency mandated to directly advise the federal minister of Human Resources and skills development on issues of poverty across Canada.

The council has published a large volume of in-depth, well-researched reports that have helped to connect the dots between provincial and federal poverty statistics and income security issues.

Sheila Regehr, the recently retired executive director of the National Council of Welfare, was recently in Niagara to present key findings and recommendations from NCW's last major report, the Dollars and Sense of Solving Poverty.

see **WELFARE** | page 5

■ WELFARE

Letter writer says poverty causes irreparable damage

FROM PAGE 4

The main premise of the report is Canada needs to shift from a "spending" model to an "investment" model in order to alleviate poverty. as a country, we have become focused more on managing poverty than reducing, and ultimately, preventing poverty. The Dollars and Sense report calls for the creation of a comprehensive national poverty reduction strategy with measurable targets and timelines.

The call for a national strategy has been echoed by recent senate and House of Commons committee reports.

These calls have landed on deaf ears as there has been no attempt by the federal government to create a strategy based on the strong evidence from these reports. addressing poverty is not a government-only issue, but co-ordinated and sustained leadership is necessary.

The issues of poverty and income inequality continue to fester in our wealthy country. While seniors' poverty rates have steadily declined over the past few decades, poverty rates for children and working adults have resembled a roller-coaster, still hovering near double digits even when our economy has functioned at its best and unemployment has been at its lowest.

Poverty causes irreparable damage, and the consequences of poverty, such as health care and crime, cost all of us significantly more than investing to end it.

The evidence produced and provided by the National Council of Welfare for the past 40-plus years has been an invaluable source of information for countless numbers of agencies and groups across Canada working on poverty and welfare issues. duplication of this work is not happening, despite what has being publicly stated by the federal government, and the loss of their important work will be deeply felt. If you are concerned, as I am, about this cut, write to your MP.

Lori Kleinsmith
Fonthill

■ COLUMN



Cathy Berkhout-Bosse
REAL ESTATE VIEW

Our Family of Niagara

One of the key descriptives utilized to characterize the Niagara Economic Summit this past week was the term "regeneration." The symbolism contained within this word is certainly fitting for the transformative phase that is currently happening within our Niagara Region.

In a biological sense, regeneration is a process of organic, systematic recreation at the cellular level. Similarly our Niagara cultural economic and political structures are currently transitioning themselves fundamentally at the grassroots community level.

New communications mediums such as blogs, Twitter, Facebook, LinkedIn are creating impactful opportunities for opinion sharing, vetting of ideas and ultimately consensus building. Emerging community leaders are finding voice and peer support that is unprecedented compared in the traditional elitist networking models of past generations.

The diversity of knowledge and talent pool that is rallying among the ranks of the presumed "silent majority" in Niagara right now is astounding and indeed, inspiring.

As a mother and second generation family business entrepreneur, the term regeneration also conjures up parallels between family dynamics and the need to effectively mentor the succession of our next generation of leaders.

I believe most of us would agree that one of the fundamental qualities of a good mother is the ability to treat each child as an individual. We teach our children that their ideas are valuable and care about their point of view. In turn, they feel supported and empowered.

Equally important, is the need for us to lead by example. By having a firm belief system and demonstrating our commitment to authenticity we earn our child's respect and appreciation.

The regeneration of Niagara will continue to evolve much like families learn from and adapt to each others strengths and weaknesses. The blossoming emergence of a wider diversity of community leaders is a phenomenon to be encouraged, facilitated and embraced.

Are we making progress in Niagara? The answer depends on who you are all are listening too.

Cathy Berkhout-Bosse is a Real Estate Broker and Communications Strategist living in Pelham. You may read past columns at www.tigereyesolutions.ca

If you have a story idea or see news happening, we want to hear from you – welland.tribune@sunmedia.ca or 905-732-2411 ext. 268.

SPRING PROGRAMS

SOUTH NIAGARA ROWING CLUB
Making Friends Since 1975

Learn to Train: Youth
June 4th to 22nd, 2012
Monday to Friday
4:00-6:00p.m.
Must be born prior to 2000

Adult Recreational League:
Beginners and Experienced Welcome
May 14th to June 27th
Mondays and Wednesdays
6:00-8:30p.m.

REGISTRATION:
Saturday May 26th
9:00-1:00 at the SNRC Portable
270 Colborne St. Welland
(Across the canal from the former John Deere Plant)

New Rowers are always welcome!

FOR MORE INFO PLEASE VISIT OUR WEBSITE AT:
WWW.SOUTHNIAGARAROWINGCLUB.CA
Contact us at (905)-734-7815 or info@southniagararowingclub.ca

Gallaghers Farm Market & Garden Centre
www.gallaghersfarmmarket.com

IT'S PLANTING TIME

Now in Local Strawberries
Local Great tasting Tomatoes are Back!

Local English cucumbers
Local Asparagus
Local Rhubarb

Local Jumbo Cabbage

Canaan Fir 3-4 ft.
Colorado Spruce 3-4 ft.
Fraser Fir 3-4 ft.
Austrian Pine 3-4 ft.
White Pine 3-4 ft.

Local Apples
• Mutsu • Empire • Jona Gold
• IDA Red • Macs
• Golden Delicious Local Apple Cider

Potted Seedlings $4.99

Hedge Cedars 3'-4' $5.99 each

• Asparagus Plants
• Rhubarb Plants
• Local Asparagus
• Local Rhubarb
• Annuals
• Tiger Lillies
• Pansies
• Potted Mums
• Mixed Baskets
• Mixed Planters
• Veggie Plants
• Onion Sets

Bulk Soils
3 Way Mix
$40.00 YD
$20.00 Delivery in the area

• Seed Potatoes
• Cow Manure
• Sheep Manure
• Top Soil
• Potting Mix
• 3 Way Mixes
• Seeds
• Peat Moss
• Grass Seed
• Black Earth

346 HWY 20 WEST, FONTHILL Fresh Baked pies
905-892-0698 • OPEN 7 DAYS A WEEK • 7AM TO 8PM

■ COMMUNITY LIVING MONTH

Friendships contribute to communities

KERRY THOMAS
For The Tribune

May is Community Living Month and across Canada local associations are celebrating their successes.

For more than 50 years, Community Living Welland-Pelham has supported people with intellectual disabilities, their families and friends and our community.

Community Living Welland-Pelham's vision is "a caring inclusive community where all people belong and have equal opportunity to participate effectively."

•••

Walking into Bill's home and seeing his room, I was immediately overwhelmed by the number of pictures on his wall. Spanning the entire room is a visual history of 30 years of Bill's friendships and relationships.

This was not always the case, Bill spent many years at South Western Regional Centre, which was a large institution for people with disabilities. Institutions like this are dehumanizing places.

Bill met Janet while living at South Western Regional Centre. Although Janet started out as a paid support worker to help Bill with his move, this soon blossomed into a 30-year friendship.

Bill spends weeks at a time with Janet and her husband at their home in Chatham. Bill takes the train and they meet him at the station. Bill spends every holiday with Janet and her family, spends summers at their trailer where they fish together. And what summer is not complete without an ice cold beer. Janet has a large pig farm and Bill works on the farm and enjoys the animals.

When talking with Janet, the first thing she says is: "Bill is my best friend and part of my family."

Janet and Bill have been friends since 1977. Bill has gone with Janet and her husband Tom to their friend's cottage and Bill will fish for hours.

Myrtle Beach has been a family adventure for the past four years and Bill has been there every year. Janet says: "I don't know why people come in and out of our lives, but what I do know is that Bill is a big part of mine, my family and my friends lives. We love him and he has a special place in my heart."

Bill has known Janet's daughter since she was a baby and to this day he calls her baby.

When Bill is in Welland he works at Lynn's Pet Centre and has been employed by owner Lynn Whiteley for more than 25 years. This relationship has expanded from an employee/employer to a true friendship. Bill spends many special occasions with Lynn and her family. They do things together and Bill is missed when he is away. Although Bill started out at Lynn's as a work placement in the mid-'80s with support from Community Living, it was soon clear these supports were not needed. Lynn is quick to point out Bill is more than an employee, he is a friend. Bill and Lynn spend time together outside of work hours, whether it is shopping, fishing or dinner and beers.

Being an integral part of the life of the business, Bill assists in grooming the dogs, helping people carry items to their cars. Customers will often bring gifts to Bill at Christmas and he never forgets a face.



Supplied photo

Bill, pictured on the right, personifies the goals of friendship and support Community Living Welland-Pelham strives to achieve.

When interviewing for this article, I spoke to Bill and Paul Keary who has known Bill for many years. One of the comments that struck me was that Paul said everywhere Bill goes, people know him ... not only that, Paul's social network has expanded because of Bill. People Paul would have never met, he has met through Bill. Why is this story important? Most of us take our friendships for granted, most people who have disabilities live isolated lives and are only connected to paid supports. All of us want to have friends and contribute to the life of our communities. This story shows what being connected is all about.



GOLF & RIDE

2 GOLFERS FOR $70

with this coupon

Monday to Friday excluding holidays

Call For Tee Times

FRIDAY NIGHTS GOLF & DINNER

9 Holes & Fish & Chips Dinner

Mixed Couples $40 walking couple $50 riding couple

Pelham Hills Golf Club

196 Webber Road, Pelham, Ontario

905-735-6768

www.pelhamhills.ca

Robert Wood Singers

Robert Wood Singers

with the WOOD KIDS

Present- a show for the whole family

"Disney Meets Broadway"



Friday, June 1 – 7:30 p.m.

Sunday, June 3 – 2:30 p.m.

Welland Community Wellness Complex Theatre

145 Lincoln St. Welland

Tickets $15.00- adults

$8.00- Children (12 and under)

Available at-

Chiropractic Associates - Port Colborne

Games-a-Lot - Seaway Mall - Welland

Log Cabin - Hwy 20 Fonthill

Arcuri's Cheese World - Welland

■pelhambriefs

ROAD WORK AWARDED

PELHAM – Town council awarded tenders for road resurfacing and roadside mowing.

Rankin Construction with a $353,660 bid won the asphalt road resurfacing contract.

Road receiving a new coat this year are:

- Effingham St. from Regional Rd. 69 to Oille;
- Sumbler Rd. from Effingham to Poth;
- Sumbler Rd. from Poth to Centre;
- Centre St. from Memorial Dr. to 270 metre north;
- Pelham Town Square north section;
- Meadowbrook Lane;
- Shorthill Place from Station to Pelham St.
- Station St. from Hurricane to Shorthill Place.

Jason Steele Contracting with a bid of $296,525 won a three-year contract to keep roadsides mowed.



We'll give you something to SMILE about!

• Full & Partial Dentures • Emergencies & House Calls
• Free Consultation • Upper & Lower Dentures
• Same Day Repair & Reline Service Available

Norbert Gieger DD

188-A West St. Port Colborne

905.835-2155

■ **FUNERAL:** At St. Alexander Church in Fonthill

Field gun carries Brigadier-General Leonard Salmon

WAYNE CAMPBELL
PelhamNEWS Staff

Brigadier-General Leonard Marshall Salmon, who started his citizen soldier career as a gunner, went out on an artillery piece.

The 82-year-old retired militia general's casket was carried on a 25pdr field gun during a funeral march Friday.

The march, led by a Lincoln and Welland Regimental drummer with a military escort and family members following the casket started at James L. Pedlar Funeral Home and went through downtown Fonthill and Pelham Peace Park to St. Alexander Catholic Church.

After the funeral mass, the Second World War vintage gun fired a two-shot salute to Brig-Gen Salmon.

The restored field gun is owned by the 10th Field Battery Association and was pulled by a restored field artillery tractor. Brig-Gen Salmon was once commander of the 10th Field Battery.

Brig-Gen Salmon died suddenly on Sunday, May 6, while awaiting surgery for a heart condition. He was predeceased by his wife of 62 years, Lola, last autumn.

Brig-Gen Salmon was born in Hamilton graduated from St. Catharines Collegiate and obtained an industrial engineering certificate at New York State University in Buffalo. He pursued a career with an emphasis on industrial engineering and manufacturing.

Throughout his career he followed a second one as a citizen soldier through Canada's Armed Forces Reserves.

He has the unusual distinction as a militia officer of reaching the rank of brigadier-general.

He joined the Army Cadets at age 13, while his father fought overseas in World War II. In 1947 he enlisted with the 44th Field Artillery Regiment in St. Catharines.

Brig-Gen Salmon began as a Gunner and advanced through the enlisted and then officer ranks to command successively the 10th Field Battery, the 57th Field Regiment and the 56th Field Regiment, all of which were based in Niagara and Brantford.

Ultimately he was promoted to Brigadier-General and Commander of the entire Central Militia Area.

In 1984, he hosted Queen Elizabeth at the "Royal Salute" in 1984, a military tattoo watched live by a capacity crowd at CNE Stadium and over a million television viewers in Canada and the U.K.

Soon after retiring from active service in 1984, he was appointed Honourary Lieutenant-Colonel and then Honourary Colonel of the 56th Field Regiment, a position he held until 2008.

His long career was reflected in his Canadian Forces Decoration with four bars, representing over 60 years of service.

For 20 years Len was a member of the Board of Governors of the Canadian Corps of Commissionaires, Hamilton Division, including a term as chairman. He was active in many organizations relating to his military pursuits, including the Royal Canadian Legion, the Royal Canadian Artillery Association. He was also an avid private pilot and a proud member of the Probus association of retirees

Brig-Gen Salmon is survived by his seven children Jim (Mary), Brian (Anita), Lorrie Bylhouwer (Bill), Tara Lawson, Judi Jedemann (Tom), Richard (Bethany) and Christie (Rolf).

He has 10 grandchildren Anna (Charles), Michael (Denise), Dan (Marilao), Brian (Amy), Allison, Joe (Samantha), Chris (Emily), Ellie, Andrew and Hanna as well as four great- grandchildren Hailee, Jack, Jenny and Elizabeth

He is also survived by his loving sister Beverly Ling (Jim) and numerous nieces, nephews and close friends.

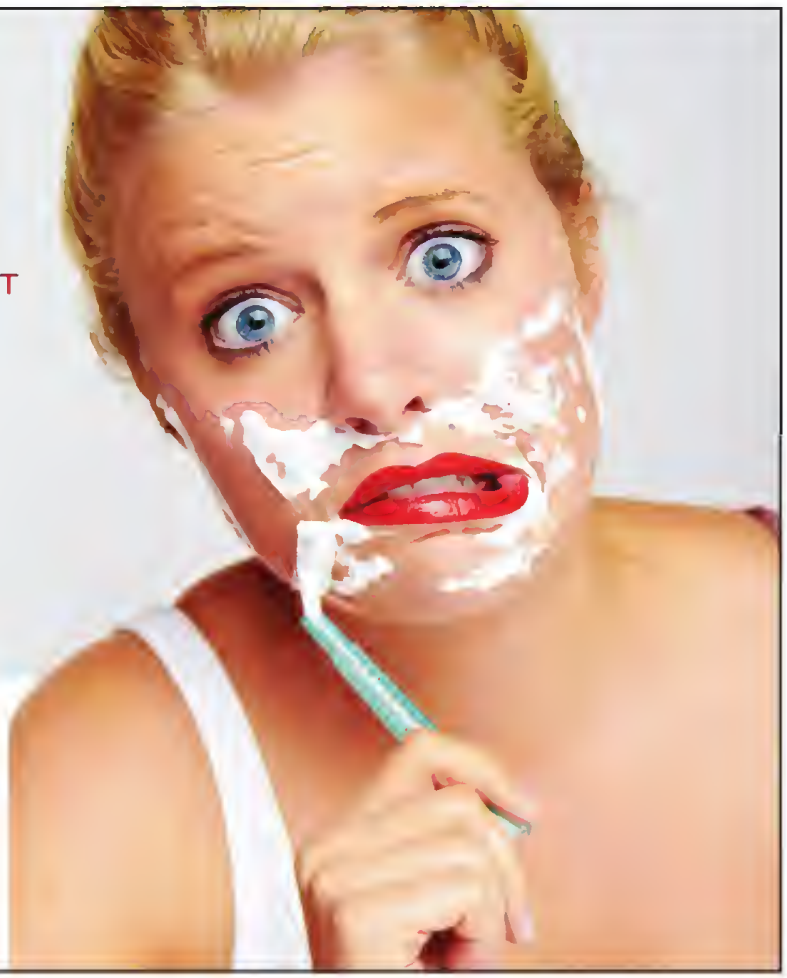
wayne.campbell@sunmedia.ca



WAYNE CAMPBELL Staff Photo

Brigadier Gen. Leonard Marshall Salmon is carried on a restored 25-lb. field gun during a funeral march to St. Alexander Roman Catholic Church in Pelham Friday. The 82-year-old retired militia general began his career as a gunner and is a former commander of the 10th Field Battery.

SAY GOODBYE TO...
Your Unwanted Hair With
LASER HAIR REMOVAL
3 Treatments For Only $99 +HST
Choose one from the following:
• Upper Lip • Bikini Line
• Chin • Neck
• Cheeks • Underarms
Reg Price $70 • $100 per treatment
Hair Removal Treatment for the top of feet and Toes included FREE with each $99 package

Director of Aesthetic Services
Celebrating over 20,000 procedures
LASIK provision
ZEISS LASIK TECHNOLOGIES
NIAGARA FALLS
lasikprovision.com 6800 Morrison St.
905.371.3217 or 1.888.510.2020


■ **BASEBALL:** Eleven teams in play

Player registrations second highest ever

For PelhamNEWS

The Pelham Minor Baseball Association has seen a healthy increase in registrations for the 2012 season of baseball and T-Ball, with player enrollment at its second highest level in the past 15 years.

A total of 11 Pelham baseball teams will take to the fields in Pelham and across Niagara, along with an additional Rookie Select team that will play extra games in a Niagara District loop.

Pelham's Mosquito Rep and Peewee Rep teams will also compete in the Niagara District divisions, and will enter tournaments across Southern Ontario. The Rep teams hope that their seasons will conclude with championships at the Ontario Baseball Association level.

PMBA's T-Ball program is generating excitement, with six teams preparing to take the field at North Pelham Park. There is still room for more players on these teams, so please look for registration details at www.pmba.ca.

The PMBA is proud of its strong crew of OBA certified umpires, who will provide high calibre umpiring at games from May to August. Pelham's umpires are all local adults and youths, and they appreciate the support of the teams and spectators in allowing them to promote fair play and exciting baseball.

The PMBA thanks the local businesses that generously support our teams by providing sponsorship each season. Please visit our website for details of these sponsors.

Baseball games will officially start on May 22.

Home & Garden

Keep The Numbers of These Locally Owned Businesses for All of Your Service and Shopping Needs!



Give Your Home a Breath of Fresh Air
Improve the look, value and comfort of your home with energy-efficient replacement windows. We offer a variety of design options and unparalleled value.
• Windows • Doors
• Siding • Expert Installation
Schedule an In-Home Consultation and Estimate Today!
James A. Fleming
(905) 835-8062

No job too big or too small.
Commercial Industrial Residential
• Service panel upgrades • New wiring-rewiring
• Energy Efficient upgrades • Troubleshooting & Repairs
ACB Electrical
Alex Bover MASTER ELECTRICIAN: abover@cogeco.ca ECRA#7003130
905-892-4988 • www.acbelectrical.com

HACHEY'S ROOFING
No Job Too Big or Too Small
QUALITY WORK • FULLY INSURED • CERTIFIED COMPANY
• Shingles • Repairs • Year Round Service • Work Guaranteed
50 YEAR NON PRO-RATED WARRANTY AVAILABLE
Call CLAUDE
P. (905) 735-2310
C. (905) 650-2310
www.hacheysroofing.com
FREE ESTIMATES
Over 25 Years Experience
Member of the BBB.

Having Electrical Problems?
Get reliable professional service at a reasonable price
No Job Is Too Small!
Commercial • Industrial Residential
• Service panel upgrades • New wiring-rewiring
• Energy Efficient upgrades • Troubleshooting & Repairs
ACB Electrical
Alex Bover MASTER ELECTRICIAN: abover@cogeco.ca ECRA#7003130
905 - 892 - 4988
www.acbelectrical.com

Pool Opening Special $249.99
Includes Starter Chemicals and Free Vacuum
(If booked by May 31st, 2012)
Save $500 on a liner replacement (If booked by May 31st, 2012)
LAGOONA Pools & Concrete Inc
Design and Install Inground Pools - Pool Openings and Closings - Pool Maintenance - Concrete Driveways, Patios and Sidewalks
BOOK TODAY!
905 658 8288 www.lagoonapools.ca 905 380 5082

To Advertise Here
Call: 905-732-2414 Ext.458
THE TRIBUNE
MAKING A DIFFERENCE...DAILY
wellandtribune.ca

■ **VICTORIA DAY:** Entertainment, games, fireworks lined up for next weekend

The closest thing to the Biebs in Welland

MARYANNE FIRTH
Tribune Staff

WELLAND — Spend the long weekend with the Biebs — or at least someone who looks and sounds suspiciously like him.

Though the teen heartthrob won't actually be the one gracing the stage at North Welland Business Improvement Area's annual Victoria Day celebration on Sunday, May 20, there will be a Justin Bieber impersonator to keep the audience on its feet.

He'll perform as part of the Teen Club All Stars, which also features Taylor Swift, Selena Gomez and Cody Simpson look-a-likes.

Also hitting the stage at the free event, which runs 4 p.m. to 10 p.m. at the Welland Sports Complex on Quaker Rd., are local favourites More Bad News and the Horns From Hell who are sure to rock the crowd.

The event will feature free inflatables and games, the Port Colborne/Welland and District Shrine Club's clown unit, and food vendors.

The 9th Welland Scouts will be serving up popcorn and cotton candy, at a minimal charge, and overseeing the children's area.

There will also be a licensed area for adults.

As dusk sets in, fireworks will fill the sky over the complex with bursts of colour as classic rock music blasts through the air.

"We want people to come out to the north end of Welland and check it out," said BIA project co-ordinator Jane Thompson.

There's plenty for people of all ages to enjoy, she said, encouraging people to pack the stadium.

The event continues to grow each year, said BIA chair Deanna Villella.

"This is our signature event," she said, crediting the support of local businesses for making it such a success.

maryanne.firth@sunmedia.ca
Twitter: @mfirthTribune



MARYANNE FIRTH Staff Photo
High school co-op student Meaghan Sheppard is the creative talent behind posters for the upcoming Victoria Day celebration hosted by North Welland Business Improvement Area. The event is Sunday, May 20, at Welland Sports Complex.

Non-stop entertainment 24/7
Celebrity gossip and more just a click away
VISIT canoe.ca

The Many Health Benefits of L-Carnitine

The numerous health benefits of L-carnitine - an important amino acid - are becoming more and more evident everyday. New studies and clinical research shows there are significant health benefits of L-carnitine, up to and including playing an important role in heart health and weight loss.



Angina
Studies show that L-carnitine can reduce the symptoms of angina and improve the ability of people with angina to exercise without chest pain.

Peripheral Vascular Disease
Decreased blood flow to the legs from atherosclerosis (hardening of the arteries) - plaque build up in the arteries -- often causes severe cramping pains in the legs while walking or exercising. This pain is called intermittent claudication, and the reduced blood flow to the legs is called peripheral vascular disease (PVD). L-carnitine has been shown to help reduce the symptoms of PVD and it can help to increase the distance that people with intermittent claudication can walk.

Weight Loss
L-carnitine is recognized for its ability to reduce fat, increase muscle, reduce fatigue, and most importantly, it helps convert fat into fuel. Combined with exercise, L-carnitine is an ideal weight loss supplement.

Erectile dysfunction
Erectile dysfunction is not uncommom as men age. L-carnitine has proven to be more effective than testosterone in improving night time spontaneous erections. Evidence shows that supplemental L-carnitine has healthful and positive effects on erection quality, particularly in older men.

L-Carnitine from Maxion is a high quality L-carnitine that is easy to take and is very effective. You should try it.

For more information about Maxion L-carnitine, visit Rosemary's Natural Choices

450 mL

Sale... $ 17.99

Sale ends June 12th



How about a FREE cup of coffee ? Drop by Rosemary's Natural Choices and enjoy a cup of organic, fair trade coffee. Our treat! Joe, Brenda, Dalton and Susan have been keeping Wellanders healthy for over 17 years. Good health, natural remedies, great people and free coffee. It doesn't get any better that.

Rosemary's Natural Choices
95 Lincoln Street (St. Charles Plaza)
1 Block South of Pupos in Welland
Phone (905) 714-0586
www.rosemarysnaturalchoices.com

Information is provided for reference only. For specific health issues consult your local natural health practitioner.

It's time to Plant!



Colourful, Vibrant Fresh Annuals, Perennials, Hanging Baskets, Vegetable & herbs

20% OFF trees



PAUL'S
Garden Centre
And Gift Store
Corner of Prince Charles and Shaw St.
Premium products, great service fair prices...always!

www.paulsgardencentre.com • Open Daily: Monday - Saturday 8am to 8pm Sunday 9am to 5pm • 4 Shaw St (Corner of Prince Charles) • 905.732.5123

THE BIG EVENT

Friday May 18th, Saturday May 19th and Monday May 21st (closed Sunday)

The BIGGEST PLANTING WEEKEND of the YEAR!



NURSERY DEPT.



HOSTAS

4.99

WOW!

ANNUAL DEPT.



HANGING BASKETS

Buy 1 and Get the 2nd at

50% OFF*

*Geranium, Marthas, Petunia, Fuchsia 2nd basket of equal or lesser value.

BULK YARD



CHOCOLATE MULCH

$40/ yard

SAVE $15/yd

Reg. $55 per yard

GARDEN CENTRE



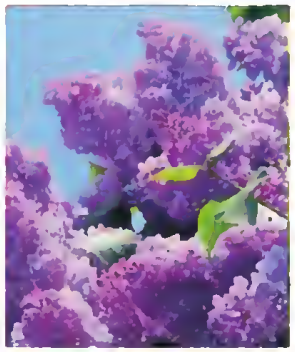
CEDAR MULCH

3 BAGS $12

or

4.99 each

NURSERY DEPT.



LILACS

14.99

SAVE $10

Garden Centre Tour at **www.millionplants.com**

RICE ROAD
Greenhouses and Garden Centre
TM

Niagara's Largest Garden Centre.



DOOR CRASHER SPECIAL

Geraniums 6.99 - 6pak

While supplies last.



BOTANIX

For FLYER SPECIALS visit www.millionplants.com

Open Mon-Friday 8am-8pm,
Sat 8am-6pm, Closed Sunday

1361 Rice Rd, Fonthill 905-892-5832

105.1 Ed FM 80s 90s & WHATEVER ELSE — Cammissa's Fresh Ideas ...Thursday's at 8:10am

COMMISSO'S FRESH FOODS

We are your Summer BBQ Store!

Open Victoria Day

Monday May 21 • 9am-6pm

HAPPY VICTORIA DAY!

Taste the Difference

FEARMANS PORK INC.

F.W. Fearmans, established in 1852 in Hamilton is our local supplier of the *freshest, best quality pork* you've ever tasted! Fearman's is not only the oldest continuously operating pork processing plant in Canada but also the first of it's kind in the country.



Cap Off
Prime Rib Premium Oven Roast *or* Grilling Steaks
5.99/lb
13.21/kg



Whole Seedless
Watermelon
Product of USA
3.99 each



Nick one of our skilled butchers carefully prepares fresh store made sausage!



Cardinal
Beef Angus Burger, Select Lean Chicken *or* Veggie Burger
6.99
1.02kg



Sweet Corn
Product of USA
3.99 dozen



Fresh Store Made
Sausage
Roasted Red Pepper, Salt & Pepper, Florentine, Mild or Hot Italian
3.99/lb
8.80/kg



Kawartha Dairy
Ice Cream
Assorted Varieties
1.99
500ml



Astro
Smooth & Fruity Yogourt
Assorted Varieties
2/$5
12x100g



Kettle Brand
Potato Chips
Assorted Varieties
1.99
220g



Boneless
Centre Cut Pork Loin Chops *or* Roast
Family Pack
2.99/lb
6.59/kg

Look for our flyer online at www.CommissosFreshFoods.com

CommissosFreshFoods.com

Sale prices in effect Friday May 18 through Thursday May 24, 2012

FRI	SAT	SUN	MON	TUE	WED	THU
18	19	20	21	22	23	24

6161 Thorold Stone Rd., Niagara Falls • **STORE HOURS:** Sat & Sun 8am to 8pm • Mon to Fri 7am to 9pm

■ **ARTS:** Senior couple have made magic behind the scenes for Welland-Port Colborne Concert Association



WAYNE CAMPBELL Staff Photo

George and Barbara Rooke hold a 50th anniversary program from the Welland Port Colborne Community Concerts Association. The couple are stepping down from the association's board after 50 years. In the past, they each served as president and Barbara designed the association's logo.

Barbara and George Rooke sing farewell duet

WAYNE CAMPBELL
PelhamNEWS Staff

Today concert lovers can wait up to five years to get on the subscription list, but it wasn't always like that.

When Barbara Rooke began with Welland-Port Colborne Concert Association 50 years ago, she would hunt for subscribers among the Welcome Wagon newcomers moving into Fonthill and Fenwick.

She phoned choir members at various churches to pitch memberships.

"Each person I called, I'd ask if they knew anyone else who would be interested."

Every spring, Barbara organized 25 workers in a major telephone campaign in Fonthill, Fenwick and Wellandport to find enough people through membership renewals and new memberships to fill seats for the concert season.

She was in the newspapers so often, children called her "the concert lady."

"It's much easier now that we have a waiting list," which began with the 1984-85 season when the 1,140-seat Dr. J.M. Ennis Auditorium at Welland Centennial Secondary School sold out for such performers as the Royal Winter Ballet.

Barbara, 89, and husband George Rooke, 90, are stepping down from the association's board of directors after a half-century of service. The Pelham couple will remain as association members.

At different times, they each served as president. They helped to build an annual series that has brought classical singers, ballets, chamber orchestras, jazz bands, concert musicians, operas and folk singers to Welland.

Barbara designed a canal bridge logo the concert association still uses.

"It was just after the Main Street Bridge was used for the last time," she said. "The bridge seemed appropriate for both Welland and Port Colborne."

The concert association began in 1947. It held concerts in the Page-Hersey Recreation Hall on Dain Ave. In 1963 the concerts moved to the gymnasium of Eastdale Secondary School and in 1967 found the current home at Centennial.

"It's the best concert hall in the area," said Barbara.

For years, George oversaw stage construction for the concerts. For large groups, they were sometimes elaborate and had to be done against a tight deadline to accommodate a one-day show.

"It was often close," he recalled.

Only once do they recall a concert being cancelled. Canadian opera star Maureen Forrester had to call one off when she went into early labour during her pregnancy. Her concert was rescheduled.

The Rookes did get a scare one year, when the Canadian Brass failed to arrive.

"As we chewed our nails to the bone with less than 10 minutes to concert time, they meandered up the aisle at seven minutes to 8 p.m.," said Barbara. "Needless to say, the concert went beautifully."

No one had warned them about the band's typical entrance.

The couple have shared music ever since they met at the University of Toronto as members of a choir.

"I was in engineering, which was all men, and she was in nursing, which was all women," said George. "We both joined the choir to meet members of the other sex."

Since they moved to Fonthill in 1953, they have been members of the Fonthill United Church choir. They also sing with the Silver Sounds, a choir at Lookout Ridge Retirement Community, where the retired nurse and retired E.L. Crossley Secondary School math teacher now live.

The couple said over the years they met and worked with many outstanding people through the concert association.

Stella Crouch, for example, served as president and artist selection chair when the association made the daring move to go independent in 1982. It broke with the American-based Columbia Community Concerts to reduce costs and get access to more Canadian performers.

The 2012-13 concert series begins in November with Chorus Niagara followed by Motus O Dance Theatre's A Christmas Carol, pianist Lucille Chung, Jesse Cook, The Swingle Singers, and the Russian Theatre Ballet.

wayne.campbell@wellandtribune.ca



■ **HEALTH CARE:** New hospital on schedule



JULIE JOCSAK QMI Agency Niagara

Gloria Kain, chief planning and development officer, says a few words while Dr. Janice Giesbrecht, medical director of oncology, looks on. The NHS made a milestone announcement in St. Catharines on May 10.

NHS campaign tops $40-million goal

ERICA BAJER
QMI Agency Niagara

ST. CATHARINES — The Niagara Health System's massive fundraising campaign for the new St. Catharines hospital ended ahead of time and over its goal.

Finishing months ahead of the scheduled opening of the new Fourth Ave. facility, the It's Our Time Campaign raised more than $40.8 million — surpassing its $40-million target.

"It's been a tough economic time with turmoil for the organization, yet the community of Niagara has stepped up," said NHS interim chief executive officer Sue Matthews.

She said the commitment of volunteers and donors is testament to how important a strong health-care system is to Niagarians.

"We are turning a corner in Niagara health care," she said, noting when the facility opens in early 2013 it will be the "newest, best hospital in Canada."

Campaign co-chair Archie Katzman said the fundraising push started in November 2006.

"The challenge seemed daunting, but the cause — the new building — was desperately needed," he said.

Dozens of volunteers from throughout Niagara came together to raise money for the hospital, he said, crediting their tireless efforts for the overwhelming success of the campaign.

Medical director of oncology Dr. Janice Giesbrecht is counting down the days until the new facility opens its doors.

"199 more sleeps," she said, to a round of thunderous applause during a celebration of volunteers.

She said the campaign, which is for capital costs including equipment, is "putting the tools of caring into the hands of medical professionals."

Chief planning and development officer Gloria Kain said 25,000 pieces of new equipment have already been put into the facility.

Reaching the campaign goal is a milestone that will help turn the state-of-the-art facility into a world-class hospital, she said.

The road hasn't always been easy.

"This project had a few rocky bumps along the way," she said, noting the market crash of 2008 put it in real jeopardy. "Forty-million dollars was raised during an absolute economic crisis."

Fundraising teams, recognized by area, were applauded during last week's celebration, held at the Holiday Inn and Suites.

Kain said the new site is on schedule and on budget.

She said volunteers and fundraisers have helped give medical professionals the tools needed to live up to the hospital's motto of "One million square feet of care," which is printed on blue rubber wristbands worn by many at the celebration.

"We're entering the home stretch," she said.

See all the news unfolding 24/7
Your Canadian news just a click away
VISIT canoe.ca

Smile.
A better mortgage rate with all the


s and

s

Imagine that.

2.85%* 5-year rate

Get all the details — and everything you want from your mortgage.
Visit a branch or Meridianmortgage.ca

Meridian™
Your money. Your way. Imagine that.

*APR. O.A.C. Sample rate only. This is the rate for a variable, closed mortgage with a term of 5 years. Rates are subject to change without notice. Some conditions apply. Interest is calculated semi-annually, not in advance. Visit us at meridianmortgage.ca to learn more.

LIBRARY EVENTS

THE SUMMER LEARNING GAP FOR CHILDREN WITH LEARNING DISABILITIES

Do you have bright child who struggles with their reading? Do you suspect a learning disability? Ashley Short B.Ed., M.A., Executive Director of the Learning Disabilities Association of Niagara Region will speak on how to support children with learning disabilities (no diagnosis required) during the summer vacation. May 14 from 7–8 p.m. Free. Please register ahead.

AUTHOR VINCENT LAM, GILLER WINNER

Pelham Public Library is on the official book tour for The Headmaster's Wager, Vincent Lam's highly anticipated novel, about a Chinese compulsive gambler and headmaster of an English school in Saigon during the Vietnam War. Bloodletting and Miraculous Cures won the 2006 Scotiabank Giller Prize and was broadcast on HBO as a series. Lam is from the expatriate Chinese community of Vietnam, and was born in Canada. Lam did his medical training in Toronto where he works as an emergency physician. Wednesday, May 16 at 7:30 p.m. Advanced Tickets: $40 includes a signed book and wine and cheese reception. $50 at the door. Space is limited. Sponsored by Henry of Pelham.

SAFE CYCLING FOR FUN AND HEALTH

Starting to ride a bicycle? Getting back into cycling? Want to ride with greater confidence? A new organization called BikeNiagara has developed a program called Safe Cycling for Fun and Health that is offering a series of free educational sessions that may be right for you. "Cycling Safely" teaches participants how to ride in traffic, respond to different road situations and provides key safety tips. This program has been implemented to help achieve BikeNiagara's goals of encouraging more cycling at all interest and competence levels by improving the capability of cyclists. For teens and adults. Families welcome. May 22 at 7:30 p.m. $2. Please register ahead at Pelham Public Library.

MAKE A FRILLY SCARF

If you can learn to tie your shoe, you can learn how to make a gorgeous frilly scarf. No knitting skills required. Wednesday, May 23 from 2 p.m.-3:30 p.m. $22 includes materials. Register ahead in person.

MARRIAGE & FINANCE 101: ENGAGED TO NEWLYWED

Thinking about getting married, or are you just newly married? This session is for you! When two people unite, there are some critical financial issues to consider. Come join us for this enlightening seminar that will get your marriage off to a good start financially! Free. Please register ahead. Wed. May 23 at 7 pm.

PELHAM PUBLIC LIBRARY MAPLE ACRE FRIENDS' 22ND ANNUAL BBQ

Hamburgers, hot dogs, homemade pies! Come for supper, meet your friends and enjoy the Fenwick Lions' Club Parade beginning at 7 p.m. Friday, May 25, 2012 from 5–7 p.m. at Maple Acre Branch, 781 Canboro Rd., Fenwick. Proceeds to Maple Acre Branch.

HEARING CLINIC

Connect Hearing will be at the Fonthill Branch giving free hearing screenings. They will also be able to answer any questions. Free but please schedule your appointment ahead at: 905-892-6068. Monday May 28 from 10 a.m.-1 p.m..

CUPCAKE DECORATING FOR BEGINNERS

Join Tammy from Tammy's Creative Cakes and Treats for this fun and easy workshop! She will teach you a number of hints and tips to create unique designs. Decorate and take home 2 cupcakes. Tuesday May 29 at 7 p.m. $7.50. Please register ahead.

MARRIAGE & FINANCE 101: HAPPY EVER AFTER

Been married for a while? This money session is for you! Make talking about money easier and navigate through the six steps to financial independence such as: how to pay your mortgage off quickly, how to save for your children's education, and more! Free. Please register ahead. Wednesday, May 30 at 7.

WELLAND HERITAGE COUNCIL AND MULTICULTURAL CENTRE INFORMATION SESSION

The Welland Heritage Council and Multicultural Centre offers a number of services and programs for newcomers to Niagara. Newcomers and immigrants to the Niagara Region as well as others in the community are invited to hear about the many services available. Mon., June 4 from 7:00-8:00 p.m. Free. Please register ahead.





The May Long Weekend is Here!!! Celebrate with GIANT TIGER

WHILE SUPPLIES LAST

Fonthill Location ONLY!
Prices in Effect Fri May 18th - Sun. May 20th
CLOSED Monday May 21st, 2011



We have Canada's best assortment & lowest prices on fireworks & kits





Fireworks on sale in accordance with local bylaws

CRANE WITH STONES



1/2 PRICE

YOUR CHOICE 2 STYLES

9.99 EA.

Reg. $19.99

DUCK WITH STONES



1/2 PRICE

YOUR CHOICE 2 STYLES

9.99 EA.

Reg. $19.99

YARD STAKES



1/2 PRICE

YOUR CHOICE 2 STYLES

2.98 EA.

Reg. $5.97

Only at... #20 HWY 20 FONTHILL

Fonthill Shopping Centre
GIANT TIGER
Pelham St.
Hwy 20

Visit your Local Merchants

Wine Garden of Pelham

BREW ON PREMISE

BREW & WINE SUPPLIES

Ron Kazub

BREW MASTER

WYEAST LABORATORIES

winexpert YOUR GUARANTEE OF QUALITY

FREE SET OF BOTTLES WITH YOUR FIRST ORDER

Phone: (905) 892-3133
Toll Free: 1-888-768-9463
Fax: 905-892-9919
wineofpelham@cogeco.net
www.winegarden.ca

Visit us at 191 Highway 20 East in Fonthill (at Rice Road)



TEMPERATURES ARE RISING!

CALL FOR A FREE ESTIMATE ON A FURNACE & AIR CONDITIONING PACKAGE

WE SERVICE ALL MAKES & MODELS

- MAINTENANCE
- FURNACES
- AIR CONDITIONING

Ask about Available rebates

BOB REID
Heating & Air Conditioning
Residential - Commercial
905-892-7787

When the electricity fails... How will you be AFFECTED?

Custom Designed Stand-by Power Installations to Suit Your Needs

Cornell Feenstra Electric Ltd.

All Types of Electrical Installation
Pole Line Installation &
Aerial Bucket Truck Service

Call: 905-899-2373
Fax: 905-899-2383

Pelham NEWS
TO ADVERTISE HERE CALL KIM
905.732.2414 ex.458

classifiedextra.ca

Canada's largest and most trusted print and online classifieds network

Merchandise | Pets Agriculture | Real Estate Rentals | Vacation Travel | Employment Education | Community Services | Announcements

Garage Sales | Transportation | Home Improvement | Professional Services | Notices | Personals

Place it on classifiedextra.ca

Phone: 1-866-541-6757
Online: pelhamnews.classifiedextra.ca
Fax: 1-866-485-8461
Email: placeit@classifiedextra.ca

General Employment A800

CANADIAN TIRE

Dunnville

Requires a DEPARTMENT MANAGER

Must be available 7 days a week. Retail experience required and parts knowledge would be an asset.

Contact:
Derek McComb
1002 Broad Street East
Dunnville, ON, N1A 2Z2
Phone: 905-774-7545
Fax: 905-774-2707

General Employment A800

WE'RE LOOKING FOR YOU

GEOSTRATA RESOURCES INC. is a seismic data acquisition company seeking

Maritime Navigation Engineers
Air Gun & Compressor Mechanics

for work on Lake Erie. Living allowance and accommodations will be provided, wages commensurate with experience.

Those interested should forward their resumes (references are required) to
info@geostrata.ca
or fax 403-319-0922.
No telephone calls please.

Drivers A830

K.A.M TRUCKING INC.
NOW HIRING

For the following Positions:

1) **CLASS AZ HIGHWAY / LOCAL COMPANY DRIVERS**
- Fair and equitable dispatch, we work in a team environment.
- Trip - 2 to 3 days, paid picks & drops
- Weekends available
- Must be able to cross the border
- $500 Sign on Bonus

2) **CLASS A or 310T MECHANIC**
- Full time position
- Truck and trailer experience an asset
- Applicants must be willing to work various shifts and hours
- $500 Sign on Bonus

We offer a competitive wage package with full benefits after 2 months.
Call Karl 8 am - 5 pm @
905-658-2420 or fax to 905-899-3499
or Email karl@kamtrucking.com

Legal Notices A900

LEGAL NOTICES

NOTICE

IN the Estate of MARY ANNE GLANFIELD late of the City of Welland, who died on or about February 8, 2011.

All claims against the estate of the late Mary Anne Glanfield shall be forwarded in writing to Morgan, Dilts & Toppari, 281 St. Paul Street, P.O. Box 216, St. Catharines, Ontario L2R 6S4 on or before June 20, 2012. Thereafter, the undersigned will distribute the assets of the said estate having regard only to the claims then filed.
Dated at St. Catharines on May 16, 2012

Rick A. Dilts, Morgan, Dilts & Toppari solicitors for the Estate Trustee With a Will of Mary Anne Glanfield

Apartments Unfurnished A610

3 BDRM in house, dtwn Welland. No pets. . $890 utils incl. 1 bdrm $490+ util June 1..1st/last /ref's req (905)517-6629
12553698

CLASSIFIEDS
1-866-541-6757
classifiedextra.ca
ADVERTISING AT IT'S BEST!
11236584

3 BDRM UPPER on Belmorel. C/A Avail now $950/mth. 1st/last. (905)788-1643 lvg msg
12575610

CENTRALLY LOCATED Spacious and updated 3 bdrm upper apt, aveil July 1st. Featuring newer cerpeting, equipped w/fr, st, w&d. Ample parking, heat & water incl, located at 209 Division St. Cell todey for app't to view. 905-732-4879.
12574989

Notices A910

NOTICE OF CLOSING
HANDIRADIOHAM
Amateur Radio Club of Canada Inc.
Is Now Closed

Apartments Unfurnished A610

NEW AD

FISHING FOR THE PERFECT APT? CATCH THIS!
Fantastic 1 & 2 bdrm apts. Fully carpeted, a/c, neer ell emenities, wonderful view of recreational waterway, bike peth & more. One look & you'll be hooked.
Call Rob 905-735-3455
12574474

Reed it in the classifieds
11238602

Apartments Unfurnished A610

KINGS MANOR on Glen Park Dr. 1 & 2 bdrm apts. Perk like setting. Extra storage. No dogs
905-732-5371
12582885

SATURDAY
8 A.M.- 3 P.M.
We work Saturdays too!
1-866-541-6757
Let the[] classifieds
Work for you!
11238614

Merchandise

Appliances A110

MUST SELL!
PORTABLE Dishwesher & Electric stove - FREE
Must pick up - Cell
(905)732-4600
12574833

Classified Extre
1-866-541-8757
11238739

Wanted to Buy A280

CALL NOW

TOP Dollar for GOLD, TV's, Stereo's , Laptops end DVD's. Best rates on PayDay loans and check cashing. Borrow Money egeinst your cer.
Cash Depot
226 King St., Welland.
905-788-3000
12559661

Reed it in the cleesifieds
11238602

Pets Agriculture

Transportation

RECREATIONAL VEHICLES

Real Estate

Rentals

Apartments Unfurnished A610

1 & 2 BDRMS All bills included. Port West. Call 905-894-3555.
12578171

✔Check THIS out!
1 BDRM $675. all inclusive Town & Country apts. Avail July 1st. (905)734-1242
12574031

1 BDRM, Large Basement Apt., Fridge & Stove, Freshly Painted & New Cerpet, Shered Backyard. No Pets. 1st/Last $600 Utils. Incl. Aveil Now. Please Cell (905)735-4336 or (905) 246-0228
12573930

1 BDRM upper, Dain City. Fridge/stove. All bills paid. Avail. now. 905-401-8495
12561036

Sell it
in the classifieds
1-866-541-6757
11238744

Apartments Unfurnished A610

1& 2 BDRMS $755 & $855 in St Catherines utilities included. No pets. 158 Ontario. 1st/lest. 905-650-0792
12582292

Read it in the classifieds
11238602

Apartments Unfurnished A610

2 BDRM, $745 + hydro. Quiet, clean building with mature tenants on Woodlawn Rd.
905-380-2895
12566310

EMPLOYMENT OPPORTUNITIES IN THE CLASSIFIEDS
PART-TIME
FULL-TIME
FIND THE RIGHT JOB FOR YOU
11238926

2 BDRM Apt. Secure Entrence. Close to Lincoln St. Mall $800 incl. No pets. Avail now. 905-834-6624
12569204

Must See!

2 BDRM in Welland. $775. inclusive. 113 Meple Ave. 1et/last 905-320-2740
12576198

2 BDRM main floor apt in quiet neighbourhood. Fridge/stove/all util/parking incl, no laundry aveil. $795/mth. 1st/last req'd. Avail. July 1st. 905-650-9425
12571050

Apartments Unfurnished A610

Location!

2 BDRMS. Spacious & quiet mature living. Belconies leundry, security entrance, close to Maple park, bus & shopping. 579 CLARE AVE. Call 905-735-5748
12556308

OBTAIN RESULTS,
with Classified Extra
1-866-541-6757
11236645

2 BDRM upper Port Colborne, tridge, stove, Lndry $725 + hydro, 2 perking, yerd ,1st/last Paul 1-866-704-1068
12573700

2 BDRM, upper, Prince Charles & Lincoln, $700+ hydro. Heated by ges. Aveil June 1st no pets, 1st/last/ret Req. (905)892-3594
12551623

CHECK IT OUT

3 BDRM Aveil. June 1st. $825. all incl. Town & Country Apartments. Cell 905-734-1242
12562065

BUSINESS & SERVICE DIRECTORY

Home Improvement

Brick/ Cement S140

CONCRETE WORK
CARMEN GAROFALO
"No Job too smell"
Driveways, Patios, Sidewelks, Porches, Steps & Perging.
905-932-4435 or
289-271-8105
12553274

Reed it in the classifieds
11238602

VANDEWERT MASONRY- Brick, Block, Stone. **Chimney Repairs.** 35 yrs exp. 905-732-0881
12566707

Drywall/ Plaster S180

JOHN'S TAPING & Drywall. Carpentry, renovations & home repairs. 905-834-5684.
12562883

Drywall/ Plaster S180

JOHN'S TAPING & Drywall. Carpentry, renovations & home repairs. 905-834-5684.
12577332

Landscaping/ Snow Removal S230

LAWN ROLLING, rototilling, tree service, grass cutting & dump runs. (905)892-5043
12551686

Read it in the classifieds
11238602

LAWN ROLLING, rototilling, tree service, grass cutting & dump runs. (905)892-5043
12575639

Painting/ Decorating S250

RES Painting int/ext plester rapeirs. spray painting. power washing. 25 yrs exp. greet retes Neil 905-414-6851
12571129

Scrap Metal S315

FREE SCRAP METAL Pick-up, fridges, stoves, washers, & dryers. Also waste removel & deliverers.
905-735-4389
12576362

Professional Services

Business/ Franchise Opps S380

ATTENTION READERS
classifiedextra.ca strongly urges readers to investigate potential BUSINESS and FRANCHISE Opportunities before sending money in response to any advertisements.
12559427

Apartments Unfurnished A610

YOUR PARENTS JUST SOLD THEIR HOME... NOW WHAT?

CONCORDE PLACE
Of course.
No more climbing stairs,
No more mowing the lawn,
No shoveling snow,
instead...
A spacious apartment home.
Security Freedom!

For a visit please call
905-734-6197
155A Hsgar Street.
12568727

Halls/ Wedding Rentals A645

WELLAND OPTIMIST x-mas, BDey, Showers, Etc. Up to 50 ppl. Fully access. Bill 736-3000.
12552870

WELLAND OPTIMIST x-mas, BDay, Showers, Etc. Up to 50 ppl. Fully access. Bill 736-3000.
12577330

classifiedextra.ca
Let it work for you!
1-866-541-6757
11238594

Houses A650

There's no place like HOME

3+1 BDRM Townhouse
avail. immediately
Towpath Village off Quaker Road
Wheelchair access.,
Completely reno'd.
Finished Basement.
$1300 + utils.
(905)735-6091
12573105

LARGE 3 Bedroom duplex, $750+hydro. 12 River Road, Wellend. 416-839-4328.
12578773

RENT TO OWN HOME
Port Colborne
3 bedrooms with garage.
Bad Credit No Problem
1-888-222-0463
12561731

Wanted to Rent A700

Wanted!
2-3 BDRM Lower duplex, townhouse or single family home for July 1st long term. In either Pt. Colborne or North Wellend. Cell (905)834-8101
12568818

Vacation Travel

Employment Education

General Employment A800

NOW HIRING

3 ASST. EXEC. HOUSEKEEPER
Perm.,Full-Time Shifts
Ability to superviae 5-10
Wage rate $13-14.40
D.O.E. 30+ hrs./wk
Apply:
Doubletree Fellsview
6039 Fallsview Blvd.
Niagara Falls L2G 3V8
Fax: (905) 358-3680
12572611

Sell it
in the classifieds
1-866-541-6757
11238744

NOW HIRING

5 Housekeeping Room Attendents
Perm.,Full-Time, shifts, days, evgs., & weekends
Wage rate $11-12.35
D.O.E. 32+ hrs./wk
Apply: Doubletree Fallsview
6039 Fallsview Blvd.
Niagara Falls L2G 3V6
Fax: (905) 358-3680
12575595

ATTENTION READERS
classifiedextra.ca strongly recommends that readers never send money in response to Employment or Job Opportunity advertisements.
12569397

General Employment A800

CREATE YOUR SUCCESS! Century 21 seeks full-time aucceea-minded selespeople. For en interview, Call: 905-892-2632 Or email: eugene.pilato@century21.ce. Century 21 Today Reelty Ltd. Brokerage Independently owned & opereted.
12575010

DENTAL OFFICE in Port Colborne is seeking e receptionist to cover mat leave starting this summer.Must have dentel experience. Pleese emeil resume to Dr.Thomas Zhou at westsidedental01@gmail.com
12569818

NOW HIRING

EXPERIENCED PASSENGER TIRE REPAIR PERSON
- full time employment
- 44 hours work week
- extre benefits

Apply in person at:
Groff Tire
592 Niegare St. Wellend.
12575682

OBTAIN RESULTS,
with Classified Extra
1-866-541-6757
11238645

Helen Kinnear Children's Centre
Requires
2 ECEs
for September start
Must be registered with the college
P/T Mornings. Mon-Fri
September - June
Send resumes by
May 16th, 2012 to:
HKCC
176 Elm St.,
Port Colborne,
ON L3K 4N6
FAX: 905-834-7150
12576324

NOW HIRING

My Cousin Vinny's Restaurant

EXPERIENCED COOKS, BARTENDERS & SERVERS

(Days & Nights)
Seasonal part time and full time
Apply in person to:
My Cousin Vinny's Restaurant
6541 Main St., N.F
12574937

General Employment A800

WILLING TO EDUCATE
Highly motivated individuals for rewerding career in financial services.
Call: Rob Repovs
Representative:
905-687-9374
12568654

Health & Medical A854

Experienced Asaistant
Busy chiropractic clinic aeeking essistent for approximetely 25-30 hours per week. The successful candidate must be a quick-learner, must possess excellent organizationel and communication skills. You must be eble to multi-tesk in e fast-paced multi-doctor clinic. Previous experience working in a chiroprectic clinic e definite esset. Fax resume to Clinic Director at 905-835-8712 or e-mail to frontdeskce@chiroprecticessocietes.com .
12579051

Technical/ Trades A870

Experienced CNC Milling Centre Operator This is a full-time position. A good understanding of epindle epeeds, feed retes end chip loed end how to calculate these requirements for machining will be required. Tool selection end efficient use of will be required. Machine specific training will be provided. Applicents must have completed certification as CNC Programmer or Technologist. Experience will be en important esset, in particular with milling machines. No travel required. Full-time position: 6:30 em-4:30 pm. TBD. Submit resume to: Kyra Moate, Global Architecturel Metels,1-23 Centre St., Wellend, ON L3B 5P2. Phone 905-714-4321. Fax 905-714-4325. E-meil kmoete@globelerchitectural.com.
12574659

Technical/ Trades A870

NOW HIRING

J Oskam Steel Fabricators Limited
Looking for
- Pipe Fitters
- Plete Fitters
- Certified Electriciens

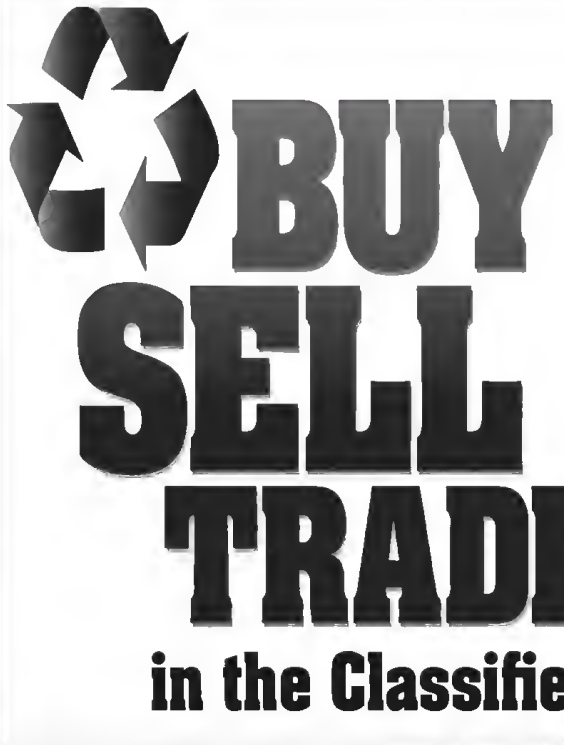
Fax resume to:
(905)834-9610 or email:
christal@oskam.com
or drop off et:
70 Rosedele Ave,
Port Colborne
12573239

EDUCATION

Notices

Notices A910

WINNERS
Annual Elimination Draw sponsored by The Croetien Nationel Home held on Wed, Mey 9th. $1,000 - Rick Phibbs #21; $500.00 Larry Martin #218; $200.00 Bob Kreliz #113. Thenks to all for your support!
12577418





Find your next job in the Classifieds!



AROUND TOWN

SATURDAY MAY 19

PLANT SALE AND BAKE SALE from 8 a.m. to 11:30 a.m. Pelham Horticultural Society Annual Plant, Lawn and Bake Sale at Royal Canadian Legion, Fonthill Branch, 141 Regional Road 20 E. Well-grown plants and delicious baked goods. Rain or shine.

THURSDAY, MAY 24

KIDS CAN GROW Pelham Farmers Market presents the great pumpkin challenge. Register at the market between 4:30 p.m. and 8:30. Everything will be provided including pot and seeds, you do the rest. Bring pumpkin back during Fall Festival on Oct. 18

SATURDAY, MAY 26

EIECTRONICS RECYLING at the Fonthill Lions Club, 103 Hurricane Rd. at Regional Rd. 20 from 8 a.m. to 2 p.m. Collection would include computers, monitors, audio and video players, copiers, fax machines, cell phones, answering machines and more. For information visit recycleyourelectronics.ca.

MONDAY MAY 28

PELHAM HORTICULTURAL SOCIETY 7:30 – 9 p.m. meeting at the Pelham Library, Fonthill Branch. Darren Schmahl, Instructor at the Niagara Parks Commission School of Horticulture, will present the design and rehabilitation of an 1818 Empire Loyalist home using only native plants and local sandstone. All welcome, Membership only $7.

ONGOING

TUESDAY NIGHT BINGO St. Ann's Parish, 834 Canboro Rd., Fenwick, 7 p.m. Continues every Tuesday to the end of June. Wheelchair accessible. Chance to win $100. 905-892-6123.

ST. ALEXANDER PASTA NIGHT first Thursday of every month at St. Alexander Church, Town Square, Fonthill. Admission: $9 for adults, $4 for children age four to 12 and children under three free. All you can eat red and white sauce penne, meatballs, sausage, garlic bread, salads and more. Catered by Antipasto's.

FENWICK LIONS FISH FRY every second Friday at Fenwick's Centennial park from 4 p.m. to 7 p.m. Large two-piece dish of haddock and fires $10, one piece $8. For cole slaw add $1. This 15-Friday season runs from April to October fish fry dates are: April 6, April 20, May 4, May 18, June 1, June 15, June 29, July 13, July 27, Aug. 10, Aug. 24, Sept. 7, Sept. 21, Oct. 5 and Oct . 19.

PELHAM FARMERS MARKET runs each Thursday evening market from 4:30 p.m. to dusk in the parking lot of the Pelham Municipal Building in Fonthill. The weekly sale of local produce, flowers and agricultural products continues weekly until Oct. 25.

FONTHILL LEGION LUNCH each Friday from 11:30 a.m. to 1 p.m. at Royal Canadian Legion Branch 613 hall on Regional Rd. 20 east of downtown Fonthill. $9 with takeout available. Main dish plus dessert, tea and coffee.

ALZHEIMER SOCIETY of Niagara Region Support Groups for Caregivers meets the first Tuesday of each month, except July and August, 1:30 p.m. to 3 p.m. at Rapelje Lodge, 277 Plymouth Rd., Welland. For info call 905-67-3914.

ALZHEIMER SOCIETY of Niagara Region Support Groups for Caregivers meets the third Monday of each month, except July and August, 1:30 p.m. to 3 p.m. at Alzheimer Society, 403 Ontario St. Unit 1, St. Catharines. For info call 905-687-3914.



ROYAL LEPAGE

Richard Brown
SALES REPRESENTATIVE

Niagara Real Estate Centre Inc., Brokerage
Office: 905-892-0222
Cell: 905-651-5143
rbrown@royallepage.ca
www.homesniagara.com
637 Niagara St., Unit #2
Welland, Ontario
"Selling Throughout Niagara"

CHORUS NIAGARA The Power of 100. Artistic Director Robert Cooper invites singers to audition for Niagara's premier 100 voice community choir. Call Pam at 905-357-1616 for an audition appointment. Further information www.chorusniagara.ca

ST. CATHARINES NEWCOMERS Club invites women of all ages new to the Niagara area to join us on the first Wednesday of the month, at the Heideh of, 600 Lake St, St. Catharines at 7.30 p.m. Call Lois at 905-988-9988 or Gwen 905-641-9816.

AUDITIONS Chorus Niagara Children's Choir is a growing choral group for children aged 7 to 17. Under the leadership of Melanie Marlin they are rapidly becoming known in the region for their excellence in choral singing. If you would like more information or would like to book an audition please contact the choir manager Lyn Hibbitt at 905-945-2049 or cnccmanager@yahoo.ca.

A CAPPELLA NIAGARA MEN'S CHORUS Invites singers for fun, fellowship, and fabulous 4-part harmony every Tuesday at 7:30 PM at St.John Ambulance, 5734 Glenholme Ave. at High St. in Niagara Falls. For info call Bob—892-2336. Come and sing with us. You'll be glad you did!

Network CLASSIFIEDS

ADVERTISE ACROSS ONTARIO OR ACROSS THE COUNTRY!

For more information contact your local newspaper.

COMING EVENTS

HERITAGE ANTIQUE MARKET - Centerpoint Mall - 6464 Yonge St. @ Steeles - Toronto MONDAY, May 21st (Victoria Day) - 10am-5pm, 416-483-6471, www.hentageantiqueshows.com.

MARIPOSA FOLK FESTIVAL, July 8, 7, 8th, 2012 in Orillie. Over 100 performances on 10 stages including Jann Arden, Billy Bragg and so many more! Audience camping available. Visit: www.mariposafolk.com or CALL 705-328-3655.

FINANCIAL SERVICES

$$$ MONEY $$$ FOR ANY PURPOSE!!! WE CAN HELP - Decreese payments by 75%! 1st, 2nd & 3rd Mortgeges & Credit lines. Bad credit, tax or mortgage arrears OK. Onterio-Wide Financial Corp. (LIC# 10171), Toll-Free 1-888-307-7799, www.ontario-widefinanciel.com.

DEBT CONSOLIDATION PROGRAM. Helping Cenadians repay debt, reduce or eliminate interest regardless of credit! QUALIFY NOW TO BE DEBT FREE 1-877-220-3328 Govemment Approved, BBB Accredited.

MoneyProvider.com. $500 Loen end +. No Credit Refused. Fast, Eesy, 100% Secure. 1-877-776-1660.

FOR SALE

SAWMILLS from only $3997 - MAKE MONEY & SAVE MONEY with your own bendmill - Cut lumber any dimension. In stock ready to ship. FREE Info & DVD: www.NorwoodSewmills.com/400OT 1-800-566-6899 Ext:400OT.

#1 HIGH SPEED INTERNET $28.95 / Month. Absolutely no ports ere blocked. Unlimited Downloeding. Up to 5Mps Download and 800Kbps Upload. ORDER TODAY AT www.acanac.ca or CALL TOLL-FREE: 1-866-281-3538.

DRIVERS WANTED

AZ DRIVERS (2 Yrs. Exp.) AND OWNER-OPERATORS REQUIRED IMMEDIATELY for U.S. Cross Border, Domestic. Compeny Peid Benefits, Bonus & Peid Orientation. Call Bill @ 1-800-265-8789 or 905-457-8789 Ext. 299, Emeil: willemk@travelers.ca.

LEGAL SERVICES

CRIMINAL RECORD? Guaranteed record removal since 1989. Confidential. Fest. Affordable. Our A+ BBB rating essures employment/trevel freedom. Cell for free informetion booklet. 1-8-NOW-PARDON (1-866-972-7366). RemoveYourRecord.com.

ADVERTISING

LOOKING FOR NEW BUSINESS end added revenue? Promote your compeny in Community Newspepers across Ontario right here in these Network Classified Ads or in business card-sized eds in hundreds of well-read newspapers. Let us show you how. Ask about our referral program. Ontario Community Newspepers Associetion. Contact Carol at 905-839-5718 or Toll-Free 1-800-387-7982 ext. 229. www.ocne.org

VACATION/TRAVEL

SANTA FE ART EXPERIENCE - Semple the History, Food & Culture of New Mexico while visiting private ert collections & studios, in this most eclectic & inviting town. Sept. 17-24, 2012. www.edventureceneda.com, 1-800-363-7566.

ST. LAWRENCE RIVER CRUISES - World claas cruising close to home. The hassle free way to travel. 3, 5 or 8 nights in private Steterooms. Included: Shore excursions, great meals & nightly entertainment. TICO#2168740. 253 Ontario St., Kingston, 1-800-267-7868, www.StLawrenceCruiseLines.com.

REAL ESTATE

CABINS & BUNKIES. Pre-cut & Dsliversd. We assemble or DIY. www.leisurecabins.com, leisurecebins@yahoo.com. Sterting from $4495.00 for a 10x10. Arie 813-930-1963 or Jeck 613-852-0363.

ADULT LIFESTYLE COMMUNITY - Upscale Custom Bungalows and Townhomes set in heart of Niagara's wine region, from the low $300s. For more information www.ridgewaybythelake.com or Call Toll-Free 1-868-422-6610.

FREE BROCHURE - Kings County - "Land of Orchards, Vineyards & Tides"- Nova Scotia's beautiful Annepolis Velley. Live! Work! Stert Businessl - Toll-Free: 1-888-865-4647. www.kingsrda.ca.

EMPLOYMENT OPPS.

PART-TIME JOBS - Make your own schedule, sell chocolate bars to make $$$, decide where end when you sell, start and stop when you want. Tel: 1-800-383-3589.

WELDERS and FITTERS required for busy Edmonton FCAW structurel steel shop. $27-33/hour bese plus benefits, OT, indoor heeted work, psid flight. Fex: 780-939-2181, Emell: careers@garweld.com.

HEAVY EQUIPMENT REPAIR in Sleve Lake, Alberta requires heevy duty mechanic and industrial parts person. Experienced apprentices may epply. Call Herb 780-849-0416. Fex resume to 780-849-4453.

CAREER TRAINING

1,400 GRADUATES CAN'T BE WRONG! Enroll with CenScribe Career College today and be a working graduate one year from now! Free Informetion. 1-800-488-1535 www.canscribe.com edmissions@canscribe.com.

MORTGAGES

AS SEEN ON TV - 1st, 2nd, Home Equity Loans, Bed Credit, Self-Employed, Benkrupt, Foreclosure, Power of Sale or need to Re-Finance? Let us fight for you because "We're In your corner!" CALL The Refinancing Specialists NOW Toll-Free 1-877-733-4424 (24 Hours) or click www.MMA mortgages.com (Lic#12126).

$$$ 1st, 2nd, 3rd MORTGAGES - Debt Consolidation, Refinencing, Renovations, Tex Arrears, no CMHC fees. $50K you pay $208.33/month (OAC). No income, bad credit, power of sale stopped!! BETTER OPTION MORTGAGES, CALL TODAY Toll-Free 1-800-282-1189, www.mortgage ontario.com (LIC# 10989).

1st & 2nd MORTGAGES from 2.90% VRM, 3.29% 5 YR. FIXED. All Credit Types Considered. Let us help you SAVE thousands on the right mortgage! Purchasing, Re-Finencing, Debt Consolidetion, Home Renovations... Call 1-800-225-1777, www.homeguardfunding.ca (LIC #10409).

AUTOMOTIVE

Vehicle buyers are ONLY protected by OMVIC and Ontario consumer protection laws when they buy from registered dealers. There's no protection if you buy privately and you risk becoming victim of e curbsider. To verify deeler registration or seek help with e compleint: www.omvic.on.ca or 1-800-943-8002.

BUSINESS OPPS.

80% COMMISSION TRAVELONLY has 500 agents across Canada. Business opportunities with low investment, unlimited income potential, generous tax/travel benefits. Run your travel company, full-time, part-time from home. Register for FREE seminar, www.mytravelonly.ca, 1-800-608-1117, Ext. 2020.

WANTED

FIREARMS WANTED FOR JUNE 23rd AUCTION: Rifles, Shotguns, Hendguns. As Estate Specialists WE manage sale of registered / unregistered firearms. Contact Paul, Switzer's Auction: Toll-Free 1-800-894-2609, info@switzersauction.com or www.switzersauction.com.

WANTED: OLD TUBE AUDIO EQUIPMENT. 40 yeers or older. Amplifiers, Stereo, Recording end Theatre Sound Equipment. Hemmond organs. Any condition, no floor model consoles. Cell Toll-Free 1-800-947-0393 / 519-853-2157.

PERSONALS

ABSOLUTELY WE HAVE THE KIND OF PEOPLE you want to meet. MISTY RIVER INTRODUCTIONS is Ontario's Traditionel matchmeker with 17 years experience in putting people together with their life partners. View curreni pictures, work hands on with experienced, caring matchmakers in the most confidentiel menner. Don't spend another summer elone. CALL TODAY (416) 777-6302, (705) 734-1292, www.mistyriverintros.com.

TRUE ADVICE! True clarity! True Psychics! 1-877-342-3036 or 1-900-528-6258 or mobile #4468. (18+) $3.19/minute; www.truepsychics.ca.

DATING SERVICE. Long-term/short-term relationships, free to try! 1-877-297-9883 Telk with single ledies. Cell #7878 or 1-888-534-6984. Telk now! 1-866-311-9640 or #5015. Meet local single ledies. 1-877-804-5381. (18+)

HEALTH

WAIST AWAY the summer deys in e new bathing suit. Get your 1st 9 weeks for $99 - Proven Results! Call Herbal Magic right NOW 1-800-854-5176.

The Healthy Cupboard



W. Gifford-Jones, M.D.
Nationally Syndicated Medical Journalist

Dispensing common sense medical advice to Canadians for over 30 years

"Where can I get another tube of MYO-MED?" a tennis friend asked me. I'd given him a sample of this cream w hen his arthritic knee kept him from playing tennis for several months. Now he was back in the game. So how does this new all-natural, toxin-free analgesic help painful joints? And why is it safer than other over-the-counter painkiller cream? Today, 21million North Americans suffer daily the agony of arthritis. Others see their quality of life diminished by sports injuries, backache, sore muscles and the ravages of aging joints.

Customary treatment has been the use of nonsteroidal anti-inflammatory drugs. Unfortunately, too many people take these over-the-counter medications thinking they're as safe as M and M candy. But every year 25,000 North Americans die from gastro-intestinal complications due to this self-prescribed remedy. It's a huge price to pay for pain relief. MYO-MED eliminates this problem. To my knowledge, no side effects have been reported by using this natural cream.

But how is MYO-MED different from other over-the-counter painkillers? Remember that, due to increasing drug complications, it's important to know what a medication does not contain. Today there are 300 different topical analgesics available in North America. But 90 percent of these painkillers contain methyl salicy-late. Excessive use of this substance over a period of time has been associated with serious health problems and in rare cases can be fatal.

MYO-MED does not contain methyl salicylate and is the only all natural and toxin-free cream available.

MYO-MED consists of a combination of six anti-inflammatory ingredients proven to be effective in relieving a variety of painful conditions such as arthritis, bursitis, tendonitis and carpal tunnel syndrome. One of the main ingredients is cetylated fatty acids. These are naturally occurring compounds that help to reduce inflammation, pain and increase mobility. Another ingredient, Bryonia Alba, is a vine-like plant native to the woods of Europe. It's particularly effective for the pain associated with motion. It's also helpful in the treatment of neck, back pain and those suffering from fibromyalgia. MYO-MED also has what's called a "Nano Delivery System': It's a process that quickly carries these six anti-inflammatory ingredients deep into affected muscles and joints where they're needed, providing relief in minutes.

But how good is MYO-MED in easing pain? Researchers at the University of Connecticut carried out double-blind studies to test its effectiveness. One group of patients, suffering from osteo-arthritis of the knee, was treated with MYO-MED. A similar group received a placebo cream. But neither doctors nor patients were told which cream was the real McCoy. Thirty minutes after applying the cream, patients were tested to see how their disability was affected. How far could they flex a knee before it became painful? How well could they get up from a chair? How much time did it take to go up and down 11 steps? And how good was their balance?

MYO-MED™

"is going to ease a lot of PAIN"

• Arthritis • Tendonitis • Muscle strain • Back pain



Patients were then advised to apply their creams twice a day for 30 days. Both groups of patients were also provided with nutritional guidance to ensure neither group gained weight during the trial period.

Researchers found that patients using MYO-MED noticed better function after 30 minutes. Further improvement occurred over the ensuing 30 days. Patients could flex knees better, needed less time to navigate stairs and rise from a chair. They also showed improved balance, strength and physical endurance.

MYO-MED combats another vital problem. It's logical that if a knee joint hurts, there's a natural tendency not to move it. But ships develop barnacles if tied up to dock too long. And people suffering from painful joints slowly but surely lose muscle mass if they become less active. This can have a major effect on their way of life. Several professional athletes who have access to the best treatments available say that MYO-MED keeps them on the playing field. It has also kept me at the trap shooting range as the gun's recoil often leaves me with a painful shoulder. And my tennis friend couldn't be happier. I'll surprise him with another tube at Christmas.

"I recommend it to my patients who suffer from arthritis"
W. GIFFORD-JONES, MD

LIVE PAIN FREE WITH MYO-MED

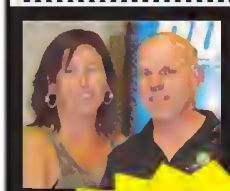


***learn more at:* www.docgiff.com & www.myonnatural.com**

Myo-Med supports the Gifford-Jones Professorship in Pain Control and Palliative Care

MYO-MED The Healthy Cupboard **$3.00 OFF** 3oz TUBE OR 10 pack PATCH — TUBE OR PATCH — Expiry date May 26, 2012

MYO-MED The Healthy Cupboard **$10.00 OFF** 16oz PUMP — PUMP — Expiry date May 26, 2012



Tanya and Ian Birrell
Owners of The Healthy Cupboard

TWO LOCATIONS!

PORT COLBORNE
101 CLARENCE STREET
(across from Food Basics)
905 835.9806

FONTHILL
111 #20 EAST
(Across from Sobeys)
905 892.9054

NEW WEBSITE

www.healthycupboard.ca • healthycupboard@gmail.com